



# TAYLOR REGIONAL UROLOGY

DAYTIME HOURS 8:00 AM TO 4:30 P.M.

CALL PHONE NUMBER: 270-789-2445

## **CYSTOSCOPY with BULKAMID INJECTION**

### **POST PROCEDURE INSTRUCTIONS:**

- YOU MAY RESUME MOST NORMAL ACTIVITIES IMMEDIATELY. AVOID SEX OR STRENUOUS EXERCISE/HEAVY LIFTING FOR 1-2 WEEKS.
- YOU MAY SHOWER OR BATHE.
- YOU MAY EXPERIENCE SOME IRRITATION OR BURNING WITH URINATION AFTER THIS PROCEDURE. SITTING IN A WARM TUB OF WATER MAY EASE THESE SYMPTOMS.
- YOU MAY EXPERIENCE A SMALL AMOUNT OF BLEEDING WITH URINATION. THIS IS NORMAL AND SHOULD RESOLVE WITHIN 36 HOURS.
- CALL THE PHYSICIAN IF YOU ARE EXPERIENCING A FEVER OVER 101 DEGREES FAHRENHEIT THAT DOES NOT COME DOWN AFTER YOU TAKE SOMETHING FOR IT (TYLENOL, MOTRIN).
- CALL THE PHYSICIAN IF YOU HAVE BRIGHT RED BLEEDING FROM YOUR BLADDER THAT LASTS LONGER THAN 36 HOURS.
- IF YOU CANNOT URINATE OR HAVE EXTREME DIFFICULTY URINATING, COME TO THE HOSPITAL FOR PLACEMENT OF A BLADDER CATHETER OR CATHETERIZE YOURSELF IF YOU ARE TRAINED AND HAVE SUPPLIES.
- A FOLLOW-UP APPOINTMENT WILL BE SCHEDULED BEFORE RELEASE FROM THE HOSPITAL